

Contents

ACKNOWLEDGEMENTS	V
CONTENTS	VII
INTRODUCTION	XI
CHAPTER 1	1
ASSET ALLOCATION: THE FOUNDATION FOR TOTAL FINANCIAL FREEDOM	1
Introduction To Asset Allocation.....	2
Asset Allocation	3
Security	4
Buy And Hold	4
Momentum	4
Applying Asset Allocation.....	4
Age	4
Below 30.....	4
30 to 50	5
50 plus	6
Current Financial State	7
The poor	7
The well off	8
The rich	8
Other Considerations.....	8
Summary To Asset Allocation	11
CHAPTER 2	13
SECURITY: SAFEGUARDING YOUR ACCUMULATED WEALTH	13
Introduction To Security.....	15
Wills	16
Life Insurance	18
Choosing A Life Insurance Policy	18
Critical Illness	20

Health Plan	21
Pension	22
Private Pensions.....	22
Choosing A Private Pension Plan.....	22
On Retirement.....	23
Tax-Exempt Savings	25
Advice For The Self-Employed.....	27
Where To Go After Tax-Exempt Savings And Pensions Are Exhausted	28
Summary To Security	29
CHAPTER 3	31
BUY AND HOLD: GROWING YOUR WEALTH WITH CONTROLLED RISK	31
Introduction To Buy And Hold	32
Buy And Hold Components	33
Tax-Exempt Plans	34
Maxi ISA.....	34
Stock Screen	35
Chart Selection	36
The good man	37
The Bad man.....	38
The schizophrenic	39
The weak and fickle	40
Localised Analysis	41
Candlestick signalling.....	42
Elliot wave	44
Fibonacci lines	45
News And Background Checks.....	46
Company and Sector News	47
Earnings reports.....	48
Stock splits.....	48
VCT (Venture Capital Trust).....	51
Requirement Of VCTs	52
The General VCT	53
The AIM VCT.....	53
The Technology VCT	53
Commission Charges	54
Risk.....	54
How To Get Started In VCT Investing.....	55
Eligibility.....	55
Asset Allocation Revisited	56
Savings Accounts	57
Easy Access And No Notice Accounts	57
Notice Accounts.....	58

Bond Or Term Account	58
Regular Savings Account.....	59
Gross Interest/AER.....	60
Net Interest	60
Applications	60
Gold	62
Gold Bullion Bars & Coins	63
Canadian maple leaf	64
Australian kangaroo	64
Chinese panda	64
Austrian philharmonic.....	65
English britannia.....	65
American eagle	65
South african kruggerand	66
English britannia.....	66
Mexican centenario family.....	66
Gold Statement Accounts.....	67
Gold Accumulation Plans	67
Gold Mining Shares	68
Channelling Stock Technique.....	68
Note on Shorting in a channel.....	70
Gold And Silver Index.....	70
Gold Mutual Funds	72
Gold Options And Futures.....	73
Gold Options.....	73
Covered Call	74
Call Options	75
Put Options	77
Investing In Coloured Diamonds	80
Colours.....	80
Clarity.....	80
F - Flawless	80
If - Internally Flawless.....	81
Vvs1-Vvs2.....	81
Vs1-Vs2	81
Si1-Si2	81
I1-I2-I3	81
Cut.....	81
Ideal Cut	82
Premium Cut.....	82
Very Good.....	82
Good	82
Fair & Poor.....	83
Carat Weight	84
Other Considerations	84
Gamma/Electron Irradiation.....	84
Heating	84
Infilling/Fracture Filling.....	84
Lasering	85
Oiling/Resin Infusion.....	85
Irradiation.....	85

The Practical Guide to Total Financial Freedom: Volume 1

Buying And Selling Coloured Diamonds.....	85
How To Select Your Coloured Diamond.....	86
Summary.....	89
APPENDICES.....	91
Appendix 1.....	92
Healthcare Insurance Providers In The UK.....	92
Appendix 2.....	94
Sources For Financial News On The Internet	94
NOTES.....	95
OTHER WORKS BY SAMUEL BLANKSON.....	97
ABOUT THE AUTHOR.....	109